

## VANCOUVER EDITION

CHANGE CITY [BROWSE OUR ARCHIVES](#)

SEARCH

EDITORS'  
DIARYSTEALS  
& DEALSLITTLE  
BLACK BOOK★ TODAY'S  
TOP 10

## TWITTER

Ok after a 10:30 am screening, 12:30 lunch, 5:30 dinner and 7 pm shoe party...it's quiet time. Modern family and milk duds.

Busy day: screening at 10:30 for new Ricky Gervais film, fashion lunch at Coat at 12:30...how can I possibly fit real work in?!

[@macmiho](#) tee heeFOLLOW US ON [twitter](#)

## HOT TOPICS

[HEALTH & BEAUTY](#)[FASHION & SHOPPING](#)[HOME & DECOR](#)[ARTS & CULTURE](#)[TRAVEL & LEISURE](#)[DINING & NIGHTLIFE](#)[MOMS & KIDS](#)


## ALL ABOUT YOU

[YOUR FAVOURITES](#)[YOUR OPTIONS](#)

## ALL ABOUT US

[READ & SEND FAN MAIL](#)[WHO WE ARE](#)[MANIFESTO](#)[AMBASSADORS](#)[LITTLE AMBASSADORS](#)[ADVERTISE WITH US](#)

## OTHER STUFF

[HOME](#)[SITE HELP](#)[EMAIL US](#)[RSS FEED](#) 

INGRID

AUGUST 12TH, 2010

## DISCOVERY ISLANDS DE LUXE

NO NEED TO CRUISE THE CARIBBEAN TO FIND A LUXURY RESORT ON A PRIVATE ISLAND SITUATED IN TURQUOISE WATERS WHEN THERE'S ONE IN OUR OWN BACKYARD. NORTH OF DESOLATION SOUND, THE FIVE-STAR SONORA RESORT IS ANYTHING BUT DESOLATE.

## fly

Take London Air Services' 15-seat helicopter, which runs regular flights between Richmond and Sonora Island, and arrive swiftly (45 minutes from take-off to touch-down) and in style.



## eat

Feast like royalty on Pacific Northwest fare with flair dreamt up by Executive Chef Terry Pichor. Did we mention drinking and dining is all-inclusive? The 6-course

nightly tasting menu will arouse many ohs and ahs. And if you're still thirsty after dinner, a fully-stocked gratis mini bar awaits you back at your room.

## spa

Slow down and spa it up at the full-service Island Currents Spa on site. Take a tension-relieving massage then sip a smoothie in the sun afterwards or simply soak in the outdoor mineral pools.



## stay

Book one of the lovely lodges or splurge on Sea Lion Pointe. The palatial structure on its own peninsula contains four lavish suites, a kitchen fit for an iron chef and a two

million dollar collection of commissioned West Coast art.

## do

Fun is had with amenities that include a tennis court, hiking trails, movie theatre, virtual golf, pool (both cue and chlorine varieties) and plenty of hot tubs. If you feel especially outdoorsy, book a salmon fishing expedition aboard a 25' Grady-White or traverse tidal rapids in search of seal, whale, dolphin and grizzly sightings on an eco-tour.



Michelle Pfeiffer summers nearby. Are we surprised?

Room rates start at \$500, Sonora Resort, Sonora Island, 604-233-0460, [www.sonoraresort.com](http://www.sonoraresort.com)

[TWEET THIS](#)[Like](#) 1